



YMCA BOGO New Year Sale



January 1st-31st ONLY

HOW TO JOIN DURING THE SALE:

If you join in the month of January, you will receive February FREE plus only \$10 enrollment fee! Stop in at any YMCA of Lansing location to take advantage of this offer.

Anyone who is currently on freeze or that have cancelled a YMCA membership in the last 60 days are not eligible for the sale promotion. Scholarships are not applicable.

ABOUT THE YMCA

When you become a Y member, you're joining a supportive community. Working together to complete your wellness goals suddenly makes them much more attainable. No matter your goals, fitness level, age, or interest, a Y membership can help you be your best.

MEMBERSHIP BENEFITS:

Three YMCA Locations

No Contracts

Drop-In Child Watch

3 Indoor Swimming Pools

Nationwide Reciprocity

**All Group Fitness
Classes are FREE**

YMCA MEMBERSHIP PRICING

Membership Types:

Type of Membership	Description	Monthly Rate
Teen	13-19 yrs	\$32
Young Adult	20-23 yrs	\$49
Adult	24-64 yrs	\$64
Senior	65 yrs. & up	\$56
Household One	1 Adult + Up to 4 Dependents (19 years and younger)	\$80
Household Two	2 Adults	\$92
Household Three	2 Adult + Up to 4 Dependents (19 years and younger)	\$108

Household Membership Add-Ons:

Additional Adult	20 yrs and older Must live in same household (Max of 4 adults on membership)	\$25
Add Kids	19 yrs & younger	\$4 per child

FACILITIES AT A GLANCE

LOCATIONS		Parkwood	Oak Park	Westside
FITNESS				
Fitness Center	✓	◆	◆	◆
Free Weights	✓	◆	◆	◆
Cardio Equipment	✓	◆	◆	◆
Group Fitness Classes	✓	◆	◆	◆
Indoor Track	✓	◆		◆
Personal Training	Ⓢ	◆	◆	◆
AMENITIES				
Basketball Court/Gym	✓		◆	◆
Child Watch(Drop-In Care)	✓	◆	◆	◆
Private Changing Rooms	✓	◆	◆	◆
Locker Rooms/Showers	✓	◆	◆	◆
Locker Rentals	Ⓢ	◆	◆	◆
Racquetball Courts	✓		◆	◆
Multi-Use Sports Courts	✓			◆
Sauna	✓	◆	◆	◆
Steam Room	✓		◆	◆
Rock Wall	✓			◆
Whirlpool	✓		◆	◆
Golf Simulators	Ⓢ			◆
AQUATICS				
Pool Location		◆	◆	◆
Family Swim	✓	◆	◆	◆
Lap Swimming	✓	◆	◆	◆
Swim Lessons	Ⓢ	◆	◆	◆
Splash Pad	✓			◆
Water Aerobics	✓	◆	◆	◆
Waterslide	✓			◆
CHILD CARE				
Child Care Center	Ⓢ		◆	
Preschool Center	Ⓢ	◆	◆	

✓ Free with Y membership

Ⓢ Program Cost
See Website for Pricing

YMCA LOCATIONS

OAK PARK YMCA
900 Long Blvd
South Lansing

PARKWOOD YMCA
2306 Haslett Rd
East Lansing

WESTSIDE YMCA
3700 Old Lansing Rd
West Lansing

www.lansingymca.org/join

(517) 827-9622