

JOIN THE YMCA TODAY!



ABOUT THE YMCA

When you become a Y member, you're joining a supportive community. Working together to complete your wellness goals suddenly makes them much more attainable. No matter your goals, fitness level, age, or interest, a Y membership can help you be your best.

MEMBERSHIP BENEFITS:

-  **Three YMCA Locations**
-  **No Contracts**
-  **Drop-In Child Watch**
-  **3 Indoor Swimming Pools**
-  **Nationwide Reciprocity**
-  **All Group Fitness Classes are FREE**

YMCA MEMBERSHIP PRICING

Membership Types:

Type of Membership	Description	Monthly Rate
Teen	13-19 yrs	\$32
Young Adult	20-23 yrs	\$49
Adult	24-64 yrs	\$64
Senior	65 yrs. & up	\$56
Household One	1 Adult + Up to 4 Dependents (19 years and younger)	\$80
Household Two	2 Adults	\$92
Household Three	2 Adult + Up to 4 Dependents (19 years and younger)	\$108

Individual Enrollment Fee: \$25
Household Enrollment Fee: \$50

Household Membership Add-Ons:

Additional Adult	20 yrs and older Must live in same household (Max of 4 adults on membership)	\$25
Add Kids	19 yrs & younger	\$4 per child



FACILITIES AT A GLANCE

LOCATIONS		Parkwood	Oak Park	Westside
FITNESS				
Fitness Center	✓	◆	◆	◆
Free Weights	✓	◆	◆	◆
Cardio Equipment	✓	◆	◆	◆
Group Fitness Classes	✓	◆	◆	◆
Indoor Track	✓	◆		◆
Personal Training	Ⓢ	◆	◆	◆
AMENITIES				
Basketball Court/Gym	✓	◆	◆	◆
Child Watch(Drop-In Care)	✓	◆	◆	◆
Private Changing Rooms	✓	◆	◆	◆
Locker Rooms/Showers	✓	◆	◆	◆
Locker Rentals	Ⓢ	◆	◆	◆
Raquetball Courts	✓		◆	◆
Multi-Use Sports Courts	✓			◆
Sauna	✓	◆	◆	◆
Steam Room	✓		◆	◆
Rock Wall	✓			◆
Whirlpool	✓		◆	◆
Golf Simulators	Ⓢ			◆
AQUATICS				
Pool Location	✓	◆	◆	◆
Family Swim	✓	◆	◆	◆
Lap Swimming	✓	◆	◆	◆
Swim Lessons	Ⓢ	◆	◆	◆
Splash Pad	✓			◆
Water Aerobics	✓	◆	◆	◆
Waterslide	✓			◆
CHILD CARE				
Child Care Center	Ⓢ		◆	
Preschool Center	Ⓢ	◆	◆	

✓ Free with Y membership



Program Cost
See Website for Pricing

YMCA LOCATIONS

OAK PARK YMCA
900 Long Blvd
South Lansing

PARKWOOD YMCA
2306 Haslett Rd
East Lansing

WESTSIDE YMCA
3700 Old Lansing Rd
West Lansing

www.lansingymca.org/join

(517) 827-9622